



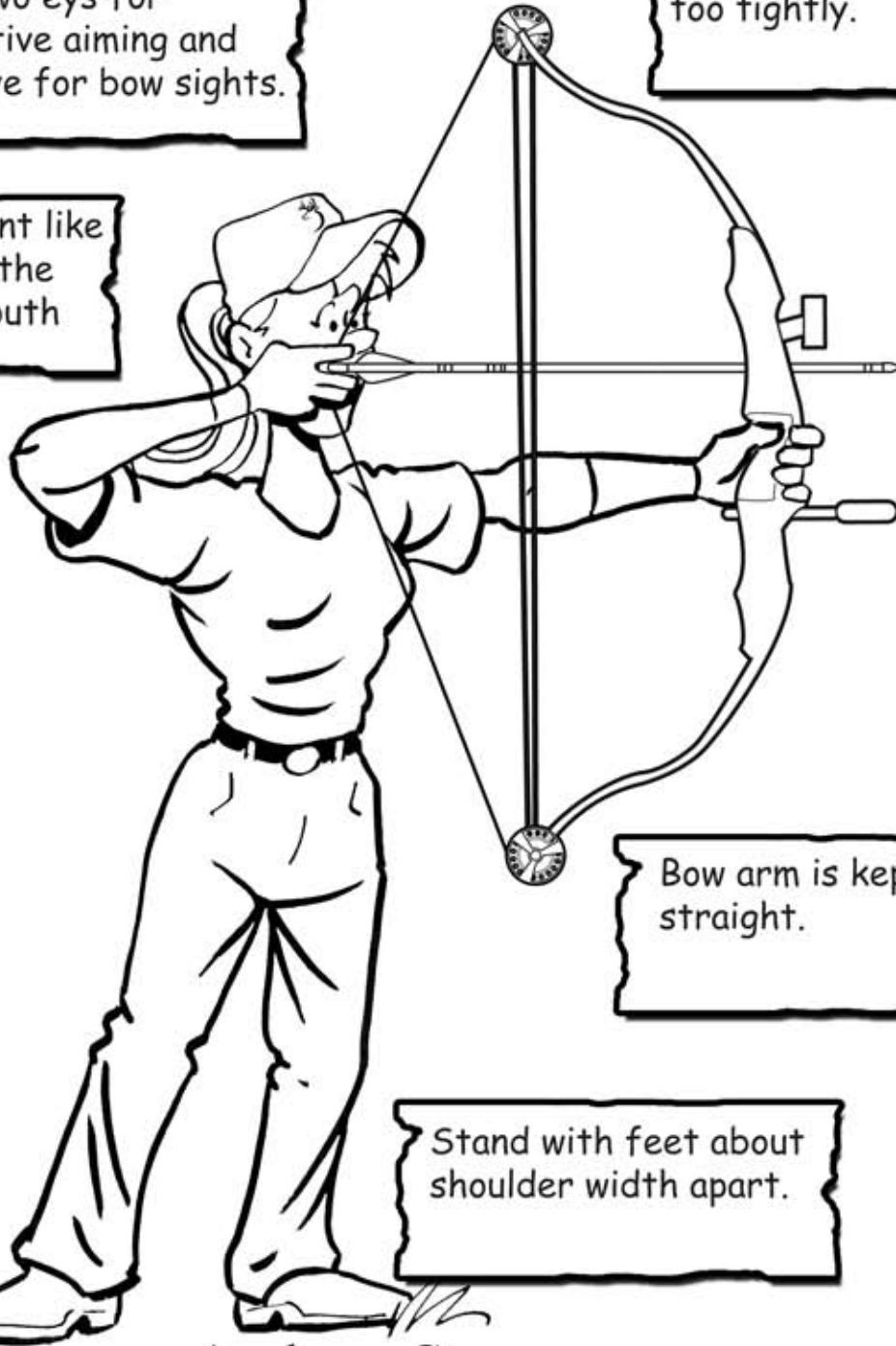
Keep the arrow pointed at the target as you draw the string back.

If you can't do this, you need to reduce your pull or use a lighter bow.

Use two eyes for instinctive aiming and one eye for bow sights.

Don't squeeze the grip too tightly.

Use an anchor point like a cheek bone or the corner of your mouth



Bow arm is kept straight.

Stand with feet about shoulder width apart.

Archery Stance